1

23rd Psalm

The Lord is my shepherd; I shall not want. He maketh me to lie down in green pastures: he leadeth me beside the still waters. He restoreth my soul: He leadeth me in the paths of righteousness for his name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me. Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord forever.

2

A Note to You

Life is like a vapor On the side where you remain Forever is where time goes on Filled with joyful, timeless days

I am quite alive, you see And waiting here for you So, please live your life with joy and love Until you are timeless too

> We will laugh again together When life will have no end No, this is not goodbye at all It is, I will see you then.

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3

Afterglow

I'd like the memory of me
to be a happy one.
I'd like to leave an afterglow
of smiles when life is done.
I'd like to leave an echo whispering
Softly down the ways.
Of happy times and laughing times
and bright sunny days.
I'd like the tears of those who grieve,
to dry before the sun
Of happy memories that I leave
when life is done.

4

Be Free

My time has come, but don't grieve for me. I'm safely home where I have strived to be.

My life has been full and I have loved so much, especially warm smiles and a gentle baby's touch.

But nothing as valuable as loving so many in days of want and days when there was plenty.

Some days will be tough, but those will pass soon enough. Remember each person's good and where they once stood.

Our past creates the future, brighter than today.

Keep up the fight, for we will meet again someday.

In a place that is brighter, one fit for a fighter.

Be faithful and strong, as life comes along.

So you too can be free, one day just like me!

H. Garman

5

Beyond the Meadow

Just beyond the meadow I found my forever home A simple place of beauty Where only love grows

It blooms because of you And all the memories we share You made a world of difference Just because you cared

Look out the window often and continue to plant those seeds because Love lives Forever in the Beauty that Abounds

H. Garman

6 Footprints

One night a man had a dream. He dreamed he was walking along the beach with the LORD. Across the sky flashed scenes from his life. For each scene, he noticed two sets of footprints in the sand; one belonging to him, and the other to the LORD.

When the last scene of his life flashed before him, he looked back at the footprints in the sand. He noticed that many times along the path of his life there was only one set of footprints. He also noticed that it happened at the very lowest and saddest times of his life.

This really bothered him and he questioned the LORD about it. "LORD, you said that once I decided to follow you, you'd walk with me all the way. But I have noticed that during the most troublesome times in my life, there is only one set of footprints. I don't understand why when I needed you most you would leave me."

The LORD replied, "My precious, precious child, I love you and I would never leave you. During your times of trial and suffering, when you see only one set of footprints, it was then that I carried you."

7

Forever Touch

Each life leaves a unique legacy Embossed upon our hearts A touch that lingers on and on When time has come to part

> Memories like fingerprints Leave a special place Knitted to the people That time cannot erase

They live forever in our hearts
As time continues on
In memories of days gone by
We still shared a special bond

That bond cannot be broken Even death can't separate A touch that live forever Time cannot erase.

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8

God Hath Not Promised

God hath not promised Skies always blue, Flower-strewn pathways All our lives through; God hath not promised Sun without rain, Joy without sorrow, Peace without pain. But God hath promised Strength for the day, Rest for the labor, Light for the way. Grace for the trials, Help from above, Unfailing sympathy Undying love...

9

Hail Mary

Hail Mary, full of grace,
The Lord is with thee;
Blessed art thou among women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary, Mother of God,
Pray for us sinners,
now and at the hour
of our death.
Amen.

10

Irish Blessing

May the road rise to meet you.

May the wind be always
 at your back.

May the sun shine
 warm upon your face,
 The rains fall soft
 upon your fields and,
 until we meet again
 may God hold you
 in the palm of his hand.

11

The Lord's Prayer

Our father which art in heaven:
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth
as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom
and the power and the glory
for ever and ever.
Amen.

12

Meet Me in the Stars

You aren't that far away. Just meet me in the stars. I saw you twinkling at me. I know just where you are.

Distance can never steal A lifetime of our love. It is when it is the darkest The stars appear above.

So shine ever so brightly. Let me know you still care. Meet me in the stars And I will find you there.

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13

Memories Eternal

Precious are the memories
Displaying smiles and tears
Placed lovingly in albums
Passed down throughout the years

Quickly all the days go by And time cannot erase Love shining from the faces On every treasured page

Traits through generations
Reflected still today
A unique smile, a sound of voice
The way that you prayed

When the final page is turned Still destiny goes on To make eternal memories When this life is done

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14

O Gentlest Heart of Jesus

O' gentlest heart of Jesus,
Ever present in the Blessed Sacrament,
Ever consumed with burning love,
For the poor captive souls,
Have mercy on the soul,
for thy departed servant.
Be not severe in Thy judgment,
But let some drops of Thy Precious Blood,
fall upon the devouring flames,
and Thou O' Merciful Saviour,
send Thy Angels to conduct,
Thy departed servant to a place,
of refreshment light and peace.
Amen.

May the souls of all the faithful departed, Through the mercy of God, rest in peace. Amen.

Merciful Jesus grant eternal rest.

15

One More Day

I close my eyes and wish For just one more day, To see you one more time, And ask you to stay.

I'd hold you in my arms Long enough to let you know, Just what you meant to me And how much I love you so.

You are always in my dreams
But I want to hug you for real.
I wish heaven could give you back.
That is exactly how I feel.

Just one more day with you, I'd share a part of my soul. I'd tell you how I love you And then I'd let you go.

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16

Prayer of St. Francis of Assisi

Lord, make me an instrument of your peace. Where there is hatred. let me show love: where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy. O'Divine Master, arant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved, as to love; For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

17

Reflections

Early in the morning awakening the sun Again as dusk is moving in with night skies soon to come

Familiar place is sought to touch the soul with solitude Reflecting on Life's seasons with Heartfelt gratitude

In midst of waters peaceful memories fill the mind Of laughter, love and family forever ties the bind

Though sorrow sometimes visits blessings come to rest Each time that we remember the times that we loved best

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18

Safely Home

I am home in Heaven, dear ones; Oh, so happy and so bright! There is perfect joy and beauty In this everlasting light. All the pain and grief is over, Every restless tossing passed; I am now at peace forever, Safely home in Heaven at last. And He came Himself to meet me In that way so hard to tread; And with Jesus' arm to lean on, Could I have one doubt or dread? Then you must not grieve so sorely, For I love you dearly still; Try to look beyond earth's shadows, Pray to trust our Father's will. When your work is all completed, He will gently call you Home; Oh, the rapture of that meeting, Oh the joy to see you come!

19

Serenity Prayer

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference

20

When I Must Leave You

When I must leave you For a little while Please do not grieve and shed wild tears And hug your sorrow to you through the years. But start out bravely With a gallant smile; And for my sake and in my name, Live on and do all things the same, Feed not your loneliness on empty days, But fill each waking hour in useful ways, Reach out your hand in comfort and in cheer And I in turn will comfort you And hold you near; And never, never be afraid to die, For I am waiting for you in the sky!